



# Farm News from King County Councilmember Pete von Reichbauer



*Councilmember von Reichbauer is joined by citizens in support of Puget Sound Fresh, a program started by King County to encourage consumers, wholesalers, retailers and restaurants to seek out and purchase locally-grown products.*

Dear Friends & Neighbors,

I am pleased to share with you the seasonal issue of my Farm Newsletter. It is the time of year again to get out and enjoy the local farms and farmers markets.

This newsletter is to keep you informed of the programs and opportunities that are available within our county and region. One such program, Puget Sound Fresh, facilitates purchase of locally grown produce at community markets in our area. Inside this guide you will find listings of local farms and markets as well as a handy crop growing calendar. I encourage you to visit these local markets and small businesses and sample their products.

In addition to the Puget Sound Fresh program, inside you will also find information about King County programs on yard waste recycling, a helpful monthly gardening projects calendar, and many informative websites.

As always, I appreciate the opportunity to serve as your representative on the Metropolitan King County Council. Please do not hesitate to call, write or email me with your questions or comments (and criticisms)!

With best wishes,

Pete von Reichbauer

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**Pete von Reichbauer  
Vice-Chair  
Metropolitan King County Council  
District Seven**

**516 Third Avenue, King County Courthouse Room 1200, Seattle, WA 98104-3272**

**email: [pete.vonreichbauer@metrokc.gov](mailto:pete.vonreichbauer@metrokc.gov)**

**Phone: 206-296-1007 or 800-325-6165 ext. 61007**

# COUNTY FRESH FARM PRODUCTS

Please remember that weather conditions may change harvest dates. Call ahead to check product availability. This list was prepared with information provided by, and with the permission of, the Puget Sound Farm Direct Marketing Association. Complete copies of the "Farm Fresh Guide" are available at your local library.

## South King County Farms

### 1. Carpinito Brothers Farm

**Contact:** Leona Reinhardt  
**Address:** 1148 North Central  
**City:** Kent  
**Phone:** (253) 854-5692  
**Email:** leonar@carpinito.com  
**Description:**

Corn maze and pumpkin patch on West Valley Hwy. & 277th. The store is a nursery and produce market. At Christmas time we sell Christmas Trees. Open 8am to 7pm daily. From 405 take Hwy. 167 S., then 84th Ave. exit, left on 84th, 1/2 mile on left.

### 2. B & J Nursery

**Contact:** Bill & Barb Sloan  
**Address:** 20055 - 235th Ave SE  
**City:** Maple Valley  
**Phone:** (425) 432-4724  
**Email:** bill\_sloan@netzreo.net  
**Description:**

We have been propagating/growing and selling rhododendrons both wholesale and retail for over 20 years.

### 3. Canter-Berry Farms

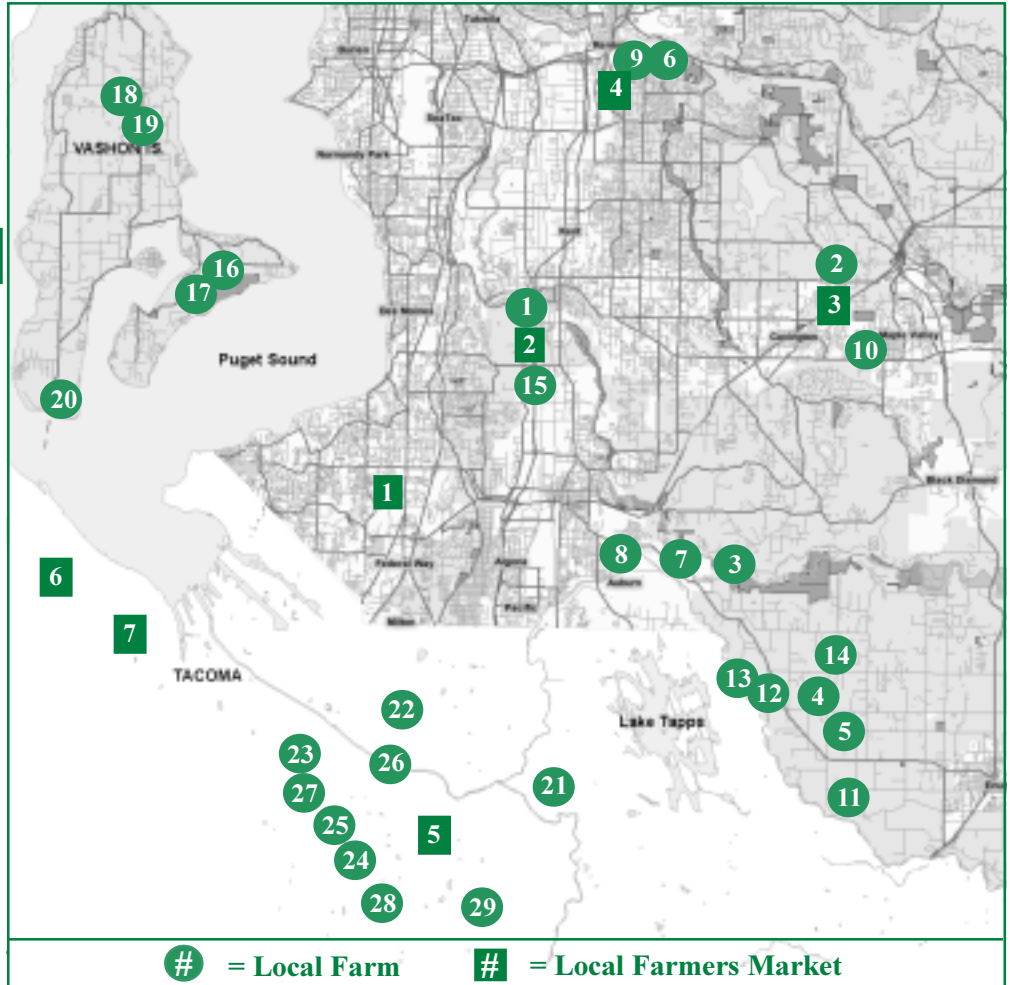
**Contact:** Doug Cross  
**Address:** 19102 SE Green Valley Road  
**City:** Auburn  
**Phone:** (253) 939-2706  
**Email:** cbfdoc@prodigy.net  
**Website:** <http://www.blueberries4u.com>  
**Description:**

A small, friendly blueberry farm. Family owned since 1954. We have made and sold our blueberry products at the farm and Pike Place Market since 1983. Also available at [www.blueberries4u.com](http://www.blueberries4u.com). Please call ahead for hours. Call or check website for directions.

### 4. Cedar Creek Farm

**Contact:** Linda deWilde - Peterson  
**Address:** 23015 SE 406th St.  
**City:** Enumclaw  
**Phone:** (360) 825-0462  
**Email:** lilaclin@aol.com  
**Description:**

Small, scenic farm on the Newaukum Creek near Enumclaw. Owner grew up in a family nursery business and now she specializes in lilacs and lavenders.



### 5. Country Farmers Market

**Contact:** Janice Hammerstrom  
**Address:** 40709 - 264th Ave. SE  
**City:** Enumclaw  
**Phone:** (360) 802-6800  
**Email:** jhammer@countryfarmersmarket.com  
**Description:**

Country Farmers Market is a full service produce stand specializing in local produce and products. Our goal is to support local farms and farmers. The 10-acre farm is situated 2 miles north of Enumclaw. Please stop by, tour the market, vegetable gardens, flower gardens, and see the beautiful views of Mt. Rainier. You can also relax or picnic under the large fir trees with vistas of the gardens. In late July you can name your pumpkin and then in October select your fall decorations and hunt the pumpkin patch for your perfect eating and carving pumpkins. Open 10am to 7pm every day from May 15 through October. Country Farmers Market is located 2 miles north of Enumclaw on the west side of Hwy. 169.

### 6. Fresh Flower Farm

**Contact:** Pao Chia Hang  
**Address:** 28229 W. Valley Hwy.  
**City:** Kent  
**Phone:** (425) 255-2409  
**Description:**

Since 1998 the Fresh Flower Farm has been an 8 acre farm of flowers and vegetables. Located in Kent, the Fresh Flower Farm produces fresh and dried flowers and vegetables. Visit our farm at full-bloom in August for u-cut flowers and much more. Open daily 9:30am to 6pm, June to October. Take SR 167, then take S. 277th St. exit. Go west on S. 277th St., then turn left on West Valley Hwy. Go south about 1/2 mile, farm is on right.

### 7. Hamakami Farm

**Contact:** John Hamakami  
**Address:** 14733 SE Green Valley Rd.  
**City:** Auburn  
**Phone:** (253) 833-2081  
**Description:**

U-Pick strawberries. Nothing like fresh u-pick berries for freezing, preserving and/or fresh eating. Please call for availability and picking times. Farm located 5 miles east of Auburn on the road to Flaming Geyser Park.

### 8. Harmony Farms

**Contact:** Greg Lynn  
**Address:** 12663 SE Green Valley Rd.

*South King County farms  
continued...*

## South King County farms continued...

**City:** Auburn

**Phone:** (253) 833-8945

**Email:** [harmonyfarm@aol.com](mailto:harmonyfarm@aol.com)

**Description:**

We produce edible plant sprouts, greens and grasses for wholesale distribution. We are not open to the public.

### 9. Kennydale Blueberry Farm

**Contact:** Sue Kinzer

**Address:** 1733 NE 20th St.

**City:** Renton

**Phone:** (425) 228-9623

**Description:**

Blueberry season starts approx. mid-July and runs until finished in late September. Open Wednesday through Saturday for U-pick blueberries. We use no sprays on our berries. Naturally grown. Please limit your calls to our business hours. We have clean fields and well pruned, easy picking bushes. Usually open Wednesday through Saturday, 9am to 6pm. Subject to change, please call first. We are located ten blocks off I-405 in Renton. Take exit 6 (30th St.). We are on the east side of the freeway. Follow the chainlink fence around Kennydale school to NE 28th and turn right, go 1/2 block, turn left on Jones Ave. NE, go 8 blocks to NE 20th St., turn left. Fourth house down hill on the right.

### 10. Mech Apiaries

**Contact:** Don & Doris Mech

**Address:** Maple Valley Rd SE

**City:** Maple Valley

**Phone:** (425) 432-3971

**Description:**

We have been producing Washington's unique varietal honeys since 1973. Look for us most Saturdays at Pike Place Market in the North Arcade.

### 11. Osleoca Jerseys

**Contact:** Janet and Robert Baker

**Address:** 22505 SE 464th St

**City:** Enumclaw

**Phone:** (360) 825-4555

**Description:**

We milk 360 cows and raise 250 calves and heifers. Our milk is purchased by Vitamilk, a local company, which can be found in local grocery stores.

### 12. Rockridge Orchards & Bamboo Groves

**Contact:** Wade Bennett

**Address:** 41127 - 212th Ave. SE

**City:** Enumclaw

**Phone:** (360) 825-1962

**Description:**

A taste of Asia in Enumclaw. Asian pears, bamboo, tea, ciders, and heirloom tomatoes for sale. We grow produce you will not find



*Supporting local produce markets, Pete is shown meeting with Mike Carpinito at Carpinito Brothers of Kent.*

anywhere else. Open April 18-November 2; Fridays, Saturdays and Sundays, 11am to 6pm. Take Hwy. 164 from Auburn. Turn left on 400th, at the next flashing light (212th) turn right. We are on top of the hill on right.

### 13. Thunder Mountain Farm

**Contact:** George Reed

**Address:** 40622 196th Ave. SE

**City:** Enumclaw

**Phone:** (360) 802-9329

**Email:** [george@thundermountainfarm.com](mailto:george@thundermountainfarm.com)

**Website:** <http://www.thundermountainfarm.com>

**Description:**

Specializing in a variety of culinary and medicinal herbs, both cut and potted. Display gardens demonstrate how herbs can be used effectively in the landscape. Edible ornamentals, hardy exotic fruit trees, organic supplies, books and much more. Choose from produce grown without chemicals on the farm and visit our Alpacas. Open year-round. Seasonal hours vary, please call for days and hours open.

### 14. Twin Creeks Farm

**Contact:** Joyce Meyers

**Address:** 41506 -292nd Way SE

**City:** Enumclaw

**Phone:** (360) 802-9740

**Email:** [peonygrow@aol.com](mailto:peonygrow@aol.com)

**Website:** <http://www.peongrow.com>

**Description:**

Twin Creeks is a 7 acre farm outside of Enumclaw. We grow many varieties of peonies to sell as cut flowers and potted plants in the spring. We dig and harvest the roots in the fall for bareroot planting. Lavendar is grown and harvested for sale July through August.

## Vashon Island Farms

### 16. Clovos Creek Nursery

**Contact:** Mike Lee

**Address:** 2409 - 59 SW

**City:** Vashon

**Phone:** (206) 749-9508

**Email:** [mlla@mindspring.com](mailto:mlla@mindspring.com)

**Description:**

Wholesale and retail nursery specializing in native, drought-hardy and uncommon trees, shrubs and perennials. We have a mail order catalog. Plants are grown in containers in a bark/sand mix.

### 17. Field Day Farm

**Contact:** Donald Smith

**Address:** 23720 Dockton Rd. SW

**City:** Vashon

**Phone:** (206) 463-9032

**Description:**

This 18 Acre U-Pick farm has apples, asian pears, figs, cherries, nuts, raspberries, strawberries,

## Vashon Island Farms Continued ...





tomatoes, basil, flowers and an annual pumpkin patch. Plants and nursery stock are available. There is picked produce available at the farm stand. It is wise to call ahead about availability of a specific product. We use organic growing practices although we are not certified.

### 18. GreenMan Farm, CSA

**Contact:** Martin and Jasper Nyberg  
**Address:** 8800 SW Dilworth Rd.  
**City:** Vashon  
**Phone:** (206) 567-4548  
**Email:** [jasper@greenmanfarm.com](mailto:jasper@greenmanfarm.com)  
**Website:** <http://www.GreenManFarm.com>  
**Description:**

The verdant heart of Puget Sound, rural Vashon Island, is the home of GreenMan Farm. The site has been farmed continuously for nearly 100 years. This is our 5th year as a CSA in this idyllic setting, where we lovingly tend our raised beds, row crops, greenhouses, orchard, flock of chickens and family of French Alpine goats. We are passionate about growing healthy food for you and your family. We strive to create a flourishing garden which mimics the diversity and resiliency of natural systems. We rely on cover crops, compost, and friendly animal helpers to prepare rich, healthy soils and the best food that sunshine, soil and rain can grow! We are open 9AM- 5PM during the growing season.

### 19. Hogsback Farm

**Contact:** Amy and Joseph Bogaard  
**Address:** 16530 - 91st Ave. SW

**City:** Vashon  
**Email:** [hogsback@oz.net](mailto:hogsback@oz.net)  
**Description:**  
 This is our fourth year in production. We have a 30 - 35 member CSA, a self serve farm stand and sell at the Vashon Saturday Market

### 20. Pacific Potager

**Contact:** Michelle Crawford  
**Address:** 27918 Vashon Hwy. SW  
**City:** Vashon  
**Phone:** (206) 463-2750  
**Website:** <http://www.pacificpotager.com>  
**Description:**

Pacific Potager (a potager is an ornamental vegetable garden), specializing in plant starts and produce from around the world but that also grows well in the Northwest. Flavor and beauty are priorities. Specilizing in 40 varieties of heirloom tomatoes for starts and fruit and an 80 ingredient salad mix. The farm is organic but is not certified. Products are available at a self-serve stand on the farm, and at the Vashon farmers market. Community and children's gardening classes are available.

## Other Regional Farms

### 21. DeGoede Brothers

**Contact:** Phil DeGoede  
**Address:** 7104 - 166th Ave. E  
**City:** Sumner  
**Phone:** (800) 527-8024  
**Website:** <http://www.degoedebrothers.com>  
**Description:**

After immigrating to the US in 1955, John DeGoede worked in the early flower bulb industry of Skagit Valley. Moving to the Puyallup Valley in the late sixties, he soon opened DeGoede Greenhouse in 1968. 2003 will mark 35 years of serving our customer's needs. In 1982, John's sons Phil, Paul and Ben established their partnership DeGoede Brothers, LLC and now run this successful wholesale business. DeGoede Brothers specialties include cut tulips, potted bulbs, primroses, pansies, poinsettias, fuchsia baskets, spring hanging baskets, and a vast Fall

assortment of mums and pansies among other things. We are a year round grower with crops available for all seasons with over 300,000 square feet of undercover growing area as well as a 3 acre outdoor growing range The philosophy of DeGoede Brothers is "customer service and satisfaction". We are a grower of the highest quality plants and our goal is to ship only the best. We are proud of our close relationship with our customers and strive to offer the best service possible.

### 22. Loves Farm

**Contact:** Lorin Ginther  
**Address:** 2010 Meridian E.  
**City:** Edgewood  
**Phone:** (253) 942-3667  
**Email:** [lgadac@mindspring.com](mailto:lgadac@mindspring.com)  
**Description:**

Loves farm offers over 6 acres of fall family fun and farm savvy for everyone. You'll love our new mystery maze, farm tour hay rides, halloween fun house, pumpkin patch, pumpkin shoot, farm stand for fruit and produce, displays of all fall and halloween home and yard decorations items. Loves Farm is convenient, very close and easily accessible in Edgewood, WA, between Federal Way and Puyallup on Hwy 161 (also known as Meridian and Enchanted Parkway). Farm Stand, pumpkin patch and farm open daily. Maze open daily. Hay Rides open daily except by appointment only on weekdays.

### 23. Duris Cucumber Farm

**Contact:** Sondra Andrews  
**Address:** 6012 - 44th St. E  
**City:** Puyallup  
**Phone:** (253) 922-7635  
**Description:**

We grow and sell from our Farm Market: green beans, pickling cucumbers, slicing cucumbers, zucchini, and yellow squash, strawberries and dill. Open to the public. Midway between Puyallup and Tacoma on Highway 167 (River Road Highway.)

*Other Regional farms  
continued...*

## District Seven U-Pick Blueberry Farms

### Hylebos / Blueberry Farm

630 S 356th ST  
 Size: 5 acres  
 Open Space Area; nature undeveloped open space area which includes the u-pick "Blueberry Farm." Site includes unpaved trails and a connection to Brook Lake.

### Lake Dolloff Blueberry Farm

30400 block of 38th Ave S  
 Another open space area on the East side of the freeway in the Unincorporated part of the County.





## 24. Linbo's Blueberry Farm

**Contact:** Richard Linbo

**Address:** 8405 Fruitland Ave. E

**City:** Puyallup

**Phone:** (253) 229-6438

**Description:**

Six acre farm with 4 in blueberries. The farm has had berries for more than 50 years. There are about 20 varieties available for U-Pick, and for your enjoyment music is played in field. A normal season is the middle of July until September.

## 25. Moon Berry Farm & Puyallup Jam Factory

**Contact:** Carol or Melvin Moon

**Address:** 2615 Tacoma Rd.

**City:** Puyallup

**Phone:** (253) 845-0784

**Description:**

We grow our own berries: strawberries, raspberries, loganberries, marionberries, boysenberries, blueberries. Also sweet corn. Please call before coming and to place your orders for pick up at the farm. The season starts with strawberries June 15th and ends with sweet corn in September. We are at the Puyallup and Proctor Farmers markets. During harvest the berries are picked daily at the peak of freshness and ripeness for full flavor. Berries are processed daily for the jam factory where they are cooked in small batches with less sugar. Cooking time is minimized to preserve color and texture. You will see real chunks of fruit in our jams. Jams, gift paks and fresh eggs available year-round. From downtown Puyallup go west on Pioneer for approx. 1 mile. Turn right on Tacoma Rd., go 1 mile. The farm is on the right at the end of the paved road.

## 26. Paradise Berry Farms

**Contact:** Bob Kalbfleisch

**Address:** 832 Valley Ave. NW

**City:** Puyallup

**Phone:** (253) 435-1300

**Description:**

We have been in the same location for 42 years. We raise strawberries and raspberries for wholesale, U-Pick, and retail. We are open June - July. Depending on the season we may be open the first two weeks of August.

## 27. Picha Strawberries

**Contact:**

**Address:** 6500 52 St. E.,

**City:** Puyallup

**Description:**

Located between Puyallup and Tacoma off River Rd., 66nd Ave. and 52nd St. Farming in same location in valley since 1900. Hours vary depending on season. 1/8 mile off River Rd. on 66th Ave., halfway between Puyallup and Tacoma by the bridge.

## 28. Roy's Christmas Trees

**Contact:** Roy Bueler

**Address:** 920 - 15th Ave. SW

**City:** Puyallup

**Email:** Roy13@aol.com

**Description:**

Our U-Cut Christmas trees are Douglas Fir, Grand Fir, and Noble Fir

## 29. Sunrise Farm

**Contact:** Tom Maskal

**Address:** 1501 13th St. SE.

**City:** Puyallup

**Phone:** (253) 845-2856

**Description:**

CERTIFIED ORGANIC since 1976. The sweetest blueberries you'll ever taste! Hand-picked at their peak of freshness! Fresh-picked, ready-to-freeze, and frozen. Quantity discounts for 10 pounds or more. Your complete satisfaction guaranteed! We sell plastic netting for bird control. Open July through Mid-September, Monday through Saturday, 8am to 5pm. In Puyallup off E. Pioneer. Turn at Spinning School on 13th St. SE and look for the red shed at the end of the farm road.

## South King / Peirce County Farmers Markets

### 1 Federal Way Farmers Market

Sears Parking Lot of the Federal Way Commons at the intersection of South 320th Street and Pacific Highway South. Saturdays, 9a.m. to 2 p.m., opening June 19th and continuing through mid-October. Call 253-261-8157. Featuring mostly farmers booths with fresh fruits and vegetables. Other booths will feature arts and crafts, children's activities, prepared foods, fish vendors and other food vendors selling items such as honey and fresh baked bread.

### 2 Kent Farmers Market

Downtown Kent at the municipal lot at Smith Street, from Fourth Ave. to Second Ave. Open Saturdays 9 a.m. to 3 p.m. beginning June 5 through October. Featuring fresh produce.

### 3 Maple Valley Farm Fresh Market

Maple Valley Highway and 214th Street. Open daily 9 a.m. to 7 p.m. Featuring fresh produce.

### 4 Renton Farmers Market

Renton Piazza (South Third Street and Burnett Ave. South). Tuesdays, 3 to 7 p.m., opens June 15th and runs through Sept. 14th. Call 425-226-4560 or visit [www.rentonchamber.com/farmersmarket.asp](http://www.rentonchamber.com/farmersmarket.asp). Featuring produce and specialty foods: berries, hazelnuts, cherries, fresh baked bread, pastries, peppers, peaches, garlic, apricots, tomatoes and fresh herbs. Also, live music, master gardener lectures, cooking demonstrations and children's activities.

### 5 Puyallup Farmers Market

Pioneer Park Pavilion, 330 S. Meridian St. Saturdays, 9a.m. to 3 p.m. (May 1 to Aug 28; then 9 a.m. to 2 p.m. Sept. 4 to Oct 30); Thursdays, 4 - 7:30 p.m. (July 8 - Aug 26) and Sundays 10 a.m. to 2 p.m. (June 6 to Sept 5). Call 253-840-2631 or visit [www.puyallupmainstreet.com/farmersmarket.html](http://www.puyallupmainstreet.com/farmersmarket.html). Featuring local produce, nursery plants, fresh flowers, ice cream, local seafood, Washington wines, microbrews, doggy cookies, outdoor furniture and bird houses.

### 6 Tacoma Proctor Farmers Market

North 27th Street at Proctor, Saturdays, 9 a.m. to 2 p.m., opens May 1. Call 253-219-9427 or visit [www.proctorfarmersmarket.com](http://www.proctorfarmersmarket.com). Featuring produce, nursery plants, fresh cut flowers, certified organic produce, master gardeners and prepared foods.

### 7 Downtown Tacoma Farmers Market

Located between 9th and 11th Streets on Broadway, Tacoma. Thursdays, 9 a.m. to 2 p.m., opens June 5 and runs through September. Visit [www.tacomafarmersmarket.com](http://www.tacomafarmersmarket.com). Featured items include produce, nursery stock, craft vendors, prepared foods and live entertainment.



## Seattle Farmers Markets

### 1. Columbia City Farmers Market

[www.ci.seattle.wa.us/don/columbia](http://www.ci.seattle.wa.us/don/columbia)

"Come for the freshness, stay for the fun" at Seattle's southeast outdoor Farmers Market in historic Columbia City. Buy direct from farmers at this mid-week Market. A wide selection of fresh organic and traditional fruits, berries and vegetables, starter plants, cheese, fresh cut flowers, herbs, etc. fresh baked goods, honey and more. Entertainment, gardening and cooking events. Every Wednesday 3pm-7pm, May 31 - Oct. 18. Columbia Plaza, 4801 Rainier Ave. So. (at intersection of S. Edmunds). Plenty of free off-street parking.

### 2. Fremont Sunday Market

Northeast of the Fremont Bridge Sundays 10 a.m. Besides fresh farm products, the Fremont Sunday Market is also known for its eclectic array of handmade jewelry and art. Also, don't forget Fremont outdoor cinema on Friday and Saturday evenings at dusk.

### 3. U- District Farmers Market

The University District Farmers Market is Seattle's oldest and largest "Farmers-Only" neighborhood market. Founded in 1993, the market

offers a place for more than 50 Washington State farmers to sell their fresh produce and quality products each week of the growing season. Some featured items at the market are seasonal fresh fruit and vegetables from both sides of the state, fresh organic produce, herbs, wild mushrooms, fresh farmstead cheeses, free-range eggs, hazelnuts, cider, fresh pasta, honey, flowers, nursery stock, fresh bread, and other baked goods.

Saturdays, May 27th - Nov. 4th. 9am - 2pm On the "Ave" at the corner of NE 50th St. and

Univ. Way. Located outdoors at Univ. Heights Community Center. Parking tokens available to Market Shoppers for one free hour of parking at U-District lots.

### 4. Pike Place Market

Founded in 1907, Pike Place is the oldest continuously operating Farmers Market in the country. Buy direct from more than 100 Northwest farmers selling everything from Apples to Zucchini. From mid-June through October, every

Wednesday & Sunday is Organic Farmer Day at the Market. In addition to farm fresh produce, Pike Place features fresh seafood, bakeries, crafts and 60 restaurants. A great place to spend the day. Open year-round, Mon-Sat 9am - 6pm. Sun. 11am - 5pm.

Pike Place Market, First Ave & Pike Street in downtown Seattle.

### 5. West Seattle Farmers Market

Operating since 1999, the West Seattle Farmers Market is West Seattle's "newest best tradition." The market, located in the Alaska Junction, showcases a wide variety of local farm products from more than 30 Washington State farmers every week.

Fresh fruit from both sides of the state includes berries, cherries, peaches, nectarines, apples, and melons. Organic produce, vegetables, fresh farm cheeses, herbs,

mushrooms, free-range eggs, cider, honey, preserves and fresh baked bread and pastries. Cut flowers and vegetable and plant starts are also available. Open Sundays, 10am-2pm, from May 16 - Nov. 21, 2004. The West Seattle Farmers Market is accessible via numerous bus routes and has plenty of free parking available.

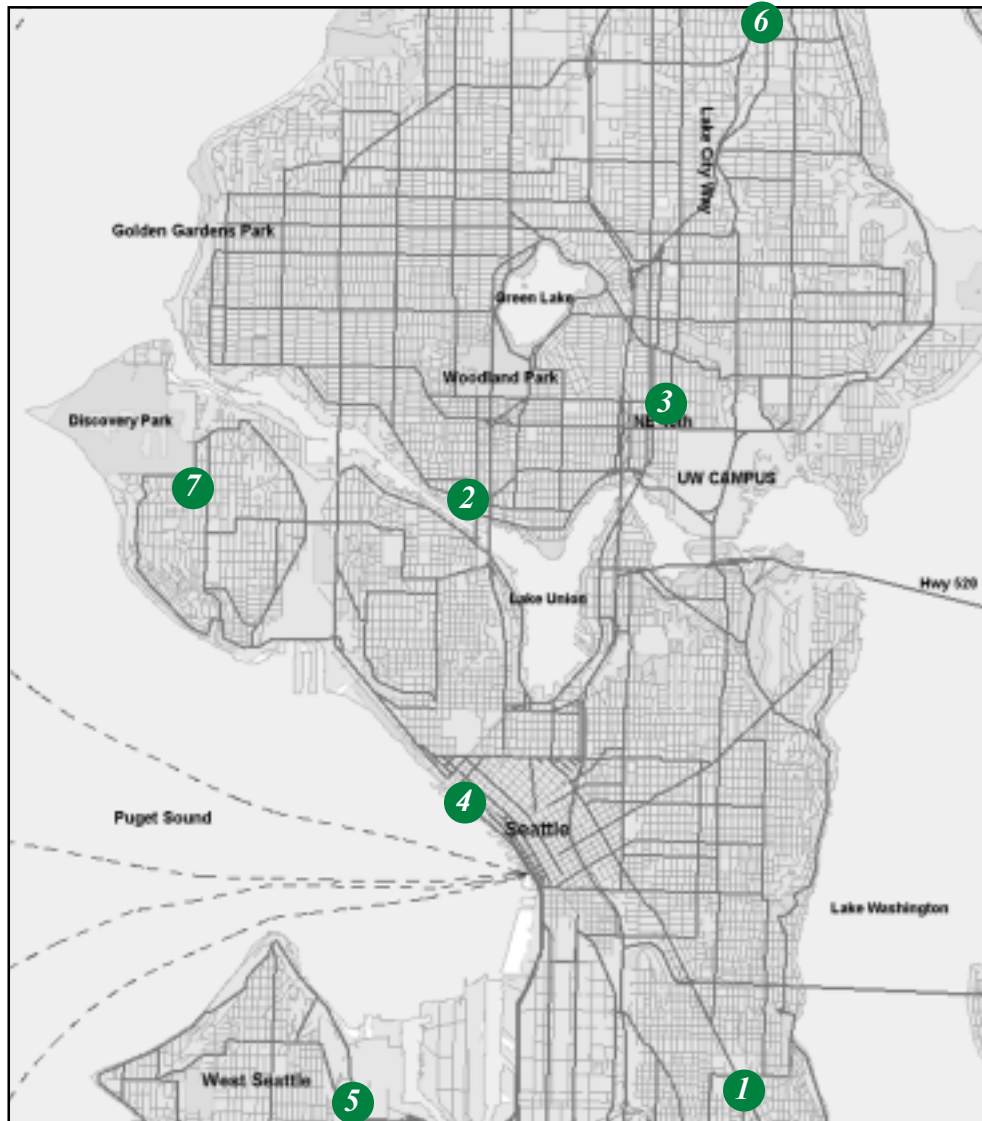
### 6. Lake City Farmers Market

This is the second year of the Lake City Farmers Market! Lake City shoppers revel in the bright colors and heady aromas of beautiful flowers, as they browse and select healthy, farm-fresh produce, eggs, fish and baked goods. Open Thursdays, 3-7pm, from May 27 - Oct 14, 2004, the Lake City Farmers Market is located at NE 127th and 30th NE behind the fire station. There is plenty of free parking at nearby lots as well as some street parking in the Market vicinity.

### 7. Magnolia Farmers Market

This is the inaugural year of the Magnolia Farmers Market. With plenty of family-friendly events planned and a strong lineup of Washington State farmers ready to sell to the public, the Magnolia community is sure to enjoy, and benefit from, its new neighborhood market.

Open Saturdays, 10-2pm, from June 12 - Oct 16 2004, the Magnolia Farmers Market is located at the Magnolia Community Center at 2550 34th Avenue West.



## Monthly Gardening and Lawncare Projects

**This list is provided as a general guide. Weather and seasonal changes will slightly change the information provided in this calendar. Please consult your local nursery, home improvement store or one of the following websites for more detailed information: [www.metrokc.gov/dchs/csd/WSU-CE/](http://www.metrokc.gov/dchs/csd/WSU-CE/), [www.humeseeds.com](http://www.humeseeds.com) or [pete.vonreichbauer@metrokc.gov](mailto:pete.vonreichbauer@metrokc.gov)**

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# Crop Schedule

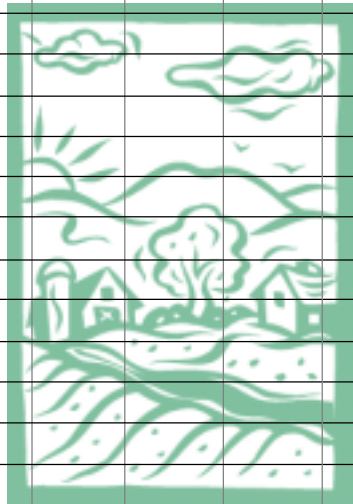


harvesting season

Provided by  
Councilmember  
Pete von Reichbauer

Weather may change harvest dates

|                           | Jan | Feb | Mar | Apr | May | June | July | Aug | Sep | Oct | Nov | Dec |
|---------------------------|-----|-----|-----|-----|-----|------|------|-----|-----|-----|-----|-----|
| Apples (Fresh Picked)     |     |     |     |     |     |      |      |     |     |     |     |     |
| Asparagus                 |     |     |     |     |     |      |      |     |     |     |     |     |
| Beans                     |     |     |     |     |     |      |      |     |     |     |     |     |
| Beets                     |     |     |     |     |     |      |      |     |     |     |     |     |
| Blackberries              |     |     |     |     |     |      |      |     |     |     |     |     |
| Blueberries               |     |     |     |     |     |      |      |     |     |     |     |     |
| Boysenberries             |     |     |     |     |     |      |      |     |     |     |     |     |
| Broccoli                  |     |     |     |     |     |      |      |     |     |     |     |     |
| Brussels Sprouts          |     |     |     |     |     |      |      |     |     |     |     |     |
| Cabbage                   |     |     |     |     |     |      |      |     |     |     |     |     |
| Carrots                   |     |     |     |     |     |      |      |     |     |     |     |     |
| Cauliflower               |     |     |     |     |     |      |      |     |     |     |     |     |
| Celery                    |     |     |     |     |     |      |      |     |     |     |     |     |
| Cherries (Pie)            |     |     |     |     |     |      |      |     |     |     |     |     |
| Cherries (Sweet)          |     |     |     |     |     |      |      |     |     |     |     |     |
| Corn                      |     |     |     |     |     |      |      |     |     |     |     |     |
| Cucumbers                 |     |     |     |     |     |      |      |     |     |     |     |     |
| Currants                  |     |     |     |     |     |      |      |     |     |     |     |     |
| Dill                      |     |     |     |     |     |      |      |     |     |     |     |     |
| Garlic                    |     |     |     |     |     |      |      |     |     |     |     |     |
| Gooseberries              |     |     |     |     |     |      |      |     |     |     |     |     |
| Herbs                     |     |     |     |     |     |      |      |     |     |     |     |     |
| Honey                     |     |     |     |     |     |      |      |     |     |     |     |     |
| Lettuce                   |     |     |     |     |     |      |      |     |     |     |     |     |
| Logan Berries             |     |     |     |     |     |      |      |     |     |     |     |     |
| Marion Berries            |     |     |     |     |     |      |      |     |     |     |     |     |
| Melons                    |     |     |     |     |     |      |      |     |     |     |     |     |
| Nuts                      |     |     |     |     |     |      |      |     |     |     |     |     |
| Onions                    |     |     |     |     |     |      |      |     |     |     |     |     |
| Peas                      |     |     |     |     |     |      |      |     |     |     |     |     |
| Peppers                   |     |     |     |     |     |      |      |     |     |     |     |     |
| Plants (Bedding)          |     |     |     |     |     |      |      |     |     |     |     |     |
| Potatoes                  |     |     |     |     |     |      |      |     |     |     |     |     |
| Pumpkins                  |     |     |     |     |     |      |      |     |     |     |     |     |
| Quince                    |     |     |     |     |     |      |      |     |     |     |     |     |
| Raspberries               |     |     |     |     |     |      |      |     |     |     |     |     |
| Raspberries (Fall)        |     |     |     |     |     |      |      |     |     |     |     |     |
| Rhubarb                   |     |     |     |     |     |      |      |     |     |     |     |     |
| Spinach                   |     |     |     |     |     |      |      |     |     |     |     |     |
| Squash                    |     |     |     |     |     |      |      |     |     |     |     |     |
| Strawberries (June)       |     |     |     |     |     |      |      |     |     |     |     |     |
| Strawberries(Everbearing) |     |     |     |     |     |      |      |     |     |     |     |     |
| Tomatoes                  |     |     |     |     |     |      |      |     |     |     |     |     |
| Zucchini                  |     |     |     |     |     |      |      |     |     |     |     |     |



## FARM FACTS

### Puget Sound:

- Farming helps to preserve wildlife. In Skagit alone, over 750 acres of barley was planted specifically for migrating bird populations.
- There are over 40 different Farmers Markets serving Puget Sound.
- According to the American Farmland Trust, the Puget Sound/Willamette Valley region is the 5th most threatened farmland region in the nation.
- The Puget Sound area is the premier raspberry growing region in the country, producing approximately 80-90% of the U.S. commercial crop.
- Most berries for jam, ice cream and yogurt production in the U.S. come from the Puget Sound area.
- Over 750 Million dollars in annual Agricultural sales (1992).
- Western WA produces the highest quality Jonagold apples.

### Pierce/King County:

- The average King County dairy farmer produces enough gallons of milk for just under 30,000 people per year.
- In 1997, King County dairies produced over 35 million gallons of milk with the average dairy producing 688,155 gallons per year.
- King County has the highest horse population in WA.
- King County has over 1,000 farms for approx. 42,000 acres total land area (1992).
- There are approximately 25 farms still in existence in King County that were established before the year 1900.
- King and Pierce produce 50% of the U.S. commercial Rhubarb crop.
- Substantial pumpkin acreage (#3 in the state).
- #1 producer for celery and lettuce in the state (1 million cases/year).
- #1 in radish production.

## Farm, Gardening, Parks and Trails Internet Links

WSU King County Extension (planting / gardening)

[www.metrokc.gov/dchs/csd/WSU-CE/](http://www.metrokc.gov/dchs/csd/WSU-CE/)

Ed Hume Northwest Gardening

[www.humeseeds.com](http://www.humeseeds.com)

Local Harvest

[www.localharvest.org](http://www.localharvest.org)

Seattle Farmers Markets

[www.seattlefarmersmarkets.org](http://www.seattlefarmersmarkets.org)

King County Department of Natural Resources and Parks

[www.metrokc.gov/parks](http://www.metrokc.gov/parks)

[dnr.metrokc.gov](http://dnr.metrokc.gov)

State and National Parks and Forests

<http://data2.itc.nps.gov/parksearch/state.cfm?st=wa>

King County Fresh

[www.pugetsoundfresh.org](http://www.pugetsoundfresh.org)

[www.wafarmlink.org](http://www.wafarmlink.org)

## Composting ...

You can compost many types of organic materials. Sod, grass clippings (avoid clippings from lawns recently treated with weed killers), healthy leaves, hay, straw, young weeds (avoid seed-laden weed material), manure, chopped corn stalks, shredded newspaper, and many kinds of vegetable and fruit refuse from the kitchen are good materials for composting. Shredding or otherwise converting the material into small particles speeds up the composting process.

Two piles or bins are better than one for making compost. Make them 4 to 6 feet high, 3 to 5 feet wide, and any convenient length.

Add a variety of organic materials to the pile and mix them together. Add a cup of fertilizer high in nitrogen, such as ammonium sulfate, for each cubic foot of compost material. If compost contains animal manure, add less fertilizer.

Moisten the organic material thoroughly and continue adding material until the bin is full or the pile is the size you want. Pack the material tightly around the edges, but only lightly in the center. The center of the pile will settle more than the edges.



*Example of a simple composting bin. You can build one following the instructions at: [http://dnr.metrokc.gov/swd/ResRecy/composting/Portable\\_wood\\_wire\\_bin.pdf](http://dnr.metrokc.gov/swd/ResRecy/composting/Portable_wood_wire_bin.pdf)*

Although the compost pile needs watering periodically during the summer, steady rains will leach nutrients out of the compost during the winter. Prevent this loss by covering the pile with plastic sheeting during the winter. Autumn leaves may not compost completely during the winter. Turn them over every month or so to promote decomposition. To turn, fork the material from one bin to another, putting the drier outside materials in the center of the pile. When all of the ingredients have decomposed to a uniform, rich, dark appearing material, the compost is ready to use.

# **Inside: Farm Fresh Guide and Gardening Tips and Information**

Printed on  
Recycled Paper

516 Third Avenue  
King County Courthouse  
Room 1200  
Seattle, WA 98104-3272

**Metropolitan  
King County Council  
Vice Chairman  
Pete von Reichbauer**



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## **Western agricultural heritage recognized in King County**

Helping celebrate western agricultural heritage Councilmember Pete von Reichbauer recognizes Fred Oldfield for his work throughout the years as one of the last “cowboy painters”. The Fred Oldfield Western Heritage Center was founded in 2003 and provides an interactive learning center where kids like Summer Peterson, Sophie Nevin, and Sammy Alexander (shown left to right) are able to develop their artistic talents.

